



G2 Roadrunner NEWS

**GWRRA Region H "South Central Texas District
Chapter G2 Greenville, TX
February 2014***** Established October 2001**

THOUGHTS FROM THE CD

Good Day, Roadrunners,

Boy, the month of January sure went by fast. We had a superb turnout for the Years day run. I really appreciate the turn out. Hope most of you can continue to make the rides weather permitting. We tried a new place for the monthly gathering in January. We had adequate room, free coffee and most of the people attending enjoyed the food. Due the input I received, I decided to move the gathering back to the Buffet Palace in Greenville. The main reason for this is though we had plenty of room for the people who attended if the crowd shows up like it did for the new year day event, we would be severely crowded. I will continue to look for different places, and if you have suggestions let me know. As many of you know, the website is not up to date, but we are trying to get it running. Please bear with us. If you plan on attending the Sweetheart event in February I need you to send an RSVP to Tom and Judy so we can get an accurate count for the restaurant. I still have officer positions available if you would like to step up and try one on for size. If you do, let me know. Last but not least, sorry for not being at the gathering. I'm on the road doing my road training for my new job. I'm still available by email at skcmss@yahoo.com if you need to get in touch with me. I'm not resigning as CD, just might not be there as much as I like. Thanks for your support.

FROM THE EDUCATOR

Roadrunners it's a fact of life that our brains and bodies get better at things we do regularly, and things we do not do we get rusty at, or forget all together. This really applies to riding motorcycles. If the bike sits in the garage and we sit on the couch we lose some of our abilities over the winter months. Spring time rolls around, and even though we have fond memories of how great it is to ride down the highway, we have lost some of our edge and skill level. This leads to possibly a minor mishap happening, or even worse a major crash. Point I'm wanting to get across, if you haven't ridden in a few weeks or months, first make sure your bike is up to par to ride and second take it slow and easy when you do start riding. Take a refresher ride around the neighbor hood before getting out on the highways. Get the feel of the motorcycle again and how it handles. Most important don't get out and do a hundred mile ride the first day. Build up to it. That way your mind and body get used to riding again. Thanks, and safe riding out there.



January 24th Ride to Bonham State Park

Saturday, January 24th ride to Bonham State Park started at 10:00am at the Valero in Greenville on a bright and sunny (if not chilly) morning, but the temps quickly rode into the 50's then 60's. Terry led Judy Elliot, White Menias, QP, and Dan & Donna Rymarz (Tommie followed in his car) on a scenic and winding route through the countryside first to the folks who manufactured Terry's new sidecar on his Harley, Texas Sidecar Company where the owners Bob and Deb Darden, welcomed us in for Coffee, and delightful conversation. We continued out to the entrance to Bonham State park and off to Ladonia for lunch at Gloria's Kitchen. This was not meant to be however, as we entered Ladonia there was a huge funeral taking place and it seemed everyone in town was attending, and Gloria's was closed. We decided to head onto Wolfe City and dine at El Arbol. Lunch was nice and conversations were enjoyable. Afterward we headed out back to Greenville to conclude the riding day. Much Thanks to Terry for planning such an enjoyable ride!

Dan Rymarz

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G2 MONTHLY GATHERING

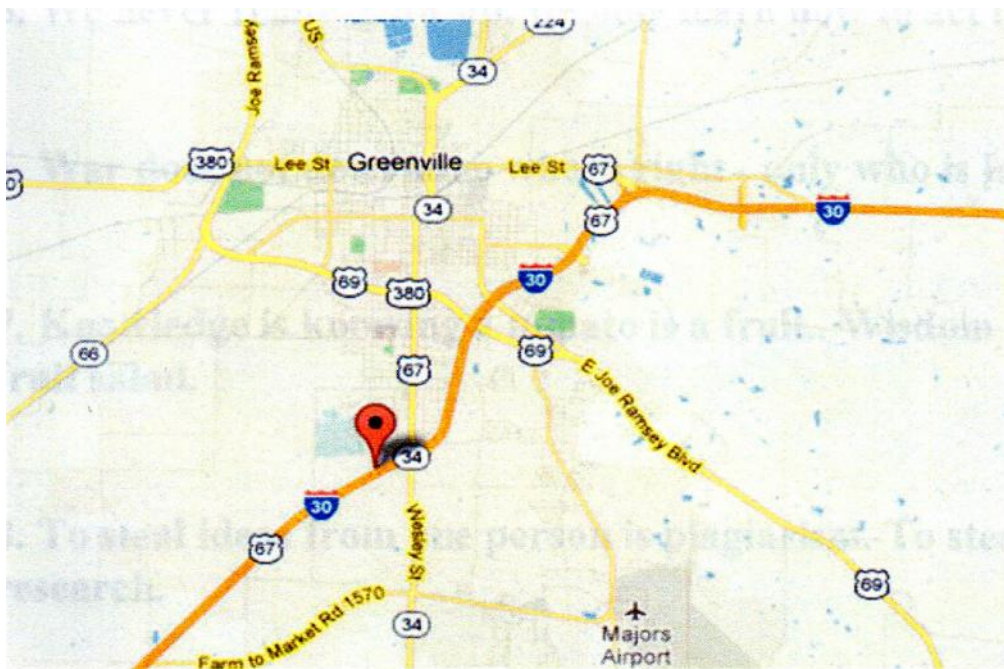
1ST TUESDAY OF EACH MONTH

@ FAMILY BUFFET RESTAURANT

3202 W. I-30 @ SAYLE ST.

GREENVILLE, TX. 903-455-6888

6PM FOR DINNER/7PM FOR MEETING



NEXT TIME, TAKE A CAB!!

With the holidays recently past I would like to share a personal experience about driving and drinking. As you know this is the season when the risk of having brushes with law on the way home after a "social engagement" with friends increases greatly.

As a case in point, a couple of days ago I was out for the evening with friends and had more beers than I should have, then wrapped up the evening with a few glasses of a very good red wine. Although I was feeling very good, I had the sense to realize I was likely over the limit. That's when I did something I had never done before - I took a cab home.

Sure enough, on the way home there was a police roadblock, but since it was a cab they waved it on through, and I arrived home safely without incident. This was a real surprise as I had never driven a cab before, I don't know where I got it and now that it's in my garage I don't know what to do with it. So if you want to borrow it, give me a call.



LAWYER JOKES

Smart blond - dumb lawyer

These are from a book called Disorder in the Courts and are things people actually said in court, word for word, taken down and published by court reporters that had the torment of staying calm while the exchanges were taking place.

ATTORNEY: What was the first thing your husband said to you that morning?

WITNESS: He said, 'Where am I, Cathy?'

ATTORNEY: And why did that upset you?

WITNESS: My name is Susan!

ATTORNEY: What gear were you in at the moment of the impact?

WITNESS: Gucci sweats and Reeboks.

ATTORNEY: Are you sexually active?

WITNESS: No, I just lie there.

ATTORNEY: What is your date of birth?

WITNESS: July 18th.

ATTORNEY: What year?

WITNESS: Every year.

ATTORNEY: How old is your son, the one living with you?

WITNESS: Thirty-eight or thirty-five, I can't remember which.

ATTORNEY: How long has he lived with you?

WITNESS: Forty-five years.

ATTORNEY: This myasthenia gravis, does it affect your memory at all?

WITNESS: Yes.

ATTORNEY: And in what ways does it affect your memory?

WITNESS: I forget..

ATTORNEY: You forget? Can you give us an example of something you forgot?

ATTORNEY: Now doctor, isn't it true that when a person dies in his sleep, he doesn't know about it until the next morning?

WITNESS: Did you actually pass the bar exam?

ATTORNEY: The youngest son, the 20-year-old, how old is he?

WITNESS: He's 20, much like your IQ.

ATTORNEY: Were you present when your picture was taken?

WITNESS: Are you shitting me?

ATTORNEY: So the date of conception (of the baby) was August 8th?

WITNESS: Yes.

ATTORNEY: And what were you doing at that time?

WITNESS: Getting laid

ATTORNEY: She had three children , right?

WITNESS: Yes.

ATTORNEY: How many were boys?

WITNESS: None.

ATTORNEY: Were there any girls?

WITNESS: Your Honor, I think I need a different attorney. Can I get a new attorney?

ATTORNEY: How was your first marriage terminated?

WITNESS: By death..

ATTORNEY: And by whose death was it terminated?

WITNESS: Take a guess.

ATTORNEY: Can you describe the individual?

WITNESS: He was about medium height and had a beard

ATTORNEY: Was this a male or a female?

WITNESS: Unless the Circus was in town I'm going with male.

ATTORNEY: Is your appearance here this morning pursuant to a deposition notice which I sent to your attorney?

WITNESS: No, this is how I dress when I go to work.

ATTORNEY: Doctor , how many of your autopsies have you performed on dead people?

WITNESS: All of them. The live ones put up too much of a fight.

ATTORNEY: ALL your responses MUST be oral, OK? What school did you go to?

WITNESS: Oral...

ATTORNEY: Do you recall the time that you examined the body?

WITNESS: The autopsy started around 8:30 PM

ATTORNEY: And Mr. Denton was dead at the time?

WITNESS: If not, he was by the time I finished.

ATTORNEY: Are you qualified to give a urine sample?

WITNESS: Are you qualified to ask that question?

And last:

ATTORNEY: Doctor, before you performed the autopsy, did you check for a pulse?

WITNESS: No.

ATTORNEY: Did you check for blood pressure?

WITNESS: No.

ATTORNEY: Did you check for breathing?

WITNESS: No..

ATTORNEY: So, then it is possible that the patient was alive when you began the autopsy?

WITNESS: No.

ATTORNEY: How can you be so sure, Doctor?

WITNESS: Because his brain was sitting on my desk in a jar.

ATTORNEY: I see, but could the patient have still been alive, nevertheless?

WITNESS: Yes, it is possible that he could have been alive and practicing law.

The 2013 Darwin Awards Are Out!

Yes, it's that magical time of year again when the Darwin Awards are bestowed, honoring the least evolved among us.

Here Is The Glorious Winner:

1. When his .38 caliber revolver failed to fire at his intended victim during a hold-up in Long Beach, California would-be robber James Elliot did something that can only inspire wonder. He peered down the barrel and tried the trigger again. This time it worked.

And Now, The Honorable Mentions:

2. The chef at a hotel in Switzerland lost a finger in a meat cutting machine and after a little shopping around, submitted a claim to his insurance company. The company expecting negligence sent out one of its men to have a look for himself. He tried the machine and he also lost a finger. The chef's claim was approved.

3. A man who shoveled snow for an hour to clear a space for his car during a blizzard in Chicago returned with his vehicle to find a woman had taken the space. Understandably, he shot her.

4. After stopping for drinks at an illegal bar, a Zimbabwean bus driver found that the 20 mental patients he was supposed to be transporting from Harare to Bulawayo had escaped. Not wanting to admit his incompetence, the driver went to a nearby bus stop and offered everyone waiting there a free ride. He then delivered the passengers to the mental hospital, telling the staff that the patients were very excitable and prone to bizarre fantasies. The deception wasn't discovered for 3 days.

5. An American teenager was in the hospital recovering from serious head wounds received from an oncoming train. When asked how he received the injuries, the lad told police that he was simply trying to see how close he could get his head to a moving train before he was hit.

6. A man walked into a Louisiana Circle-K, put a \$20 bill on the counter, and asked for change. When the clerk opened the cash drawer, the man pulled a gun and asked for all the cash in the register, which the clerk promptly provided. The man took the cash from the clerk and fled, leaving the \$20 bill on the counter. The total amount of cash he got from the drawer... \$15. [If someone points a gun at you and gives you money, is a crime committed?]

Mayo Clinic Water and Heart Attacks

How many folks do you know who say they don't want to drink anything before going to bed because they'll have to get up during the night!!

Heart Attack and Water - Drink 1 glass of water before going to bed avoids stroke or heart attack! I never knew all of this! Interesting.....

Something else I didn't know ... I asked my Doctor why people need to urinate so much at night time. Answer from my Cardiac Doctor -

Gravity holds water in the lower part of your body when you are upright (legs swell). When you lie down and the lower body (legs and etc) seeks level with the kidneys, it is then that the kidneys remove the water because it is easier.

I knew you need your minimum water to help flush the toxins out of your body, but this was news to me.

Correct time to drink water... Very Important. From A Cardiac Specialist!

Drinking water at a certain time maximizes its effectiveness on the body: 2 glasses of water after waking up - helps activate internal organs

1 glass of water 30 minutes before a meal - helps digestion

1 glass of water before taking a bath - helps lower blood pressure

1 glass of water before going to bed - avoids stroke or heart attack

I can also add to this.. My Physician told me that water at bed time will also help prevent night time leg cramps. Your leg muscles are seeking hydration when they cramp and wake you up with a Charlie Horse.

Mayo Clinic on Aspirin -

Dr. Virend Somers is a Cardiologist from the Mayo Clinic who is the lead author of the report in the July 29, 2008 issue of the Journal of the American College of Cardiology.

Most heart attacks occur in the day, generally between 6 A.M. and noon. Having one during the night, when the heart should be most at rest, means that something unusual happened. Somers and his colleagues have been working for a decade to show that sleep apnea is to blame.

1. If you take an aspirin or a baby aspirin once a day, take it at night.

February 2014

Sunda	Monday	Tuesday	Wednesda	Thursday	Friday	Saturday
						1 Ben Wheeler for lunch @ Moore's. Leave
2	3	4 G2 Meeting. 6pm to eat. Mtg. @ 7pm. Family Buffet in Greenville	5	6 Dinner w/Z2 @ Mona Lisa Pizza Caddo Mills	7	8
9	10	11	12	13	14 Valentine's Day	15 G2 VALENTINE SWEETHEART DINNER @ LANDON'S AT 5PM
16	17 President s' Day	18	19	20	21	22 BOWL W/Z2 @ ALLEN LANES THEN DINNER
23	24	25	26	27	28	

***** Z2 IS CELEBRATING THEIR CHAPTER VALENTINE'S DAY BANQUET AT SICILIANO'S IN GARLAND @ 6PM (Same day as G2) *****

BIRTHDAYS & ANNIVERSARIES

BIRTHDAYS

ANNIVERSARIES

NO BIRTHDAYS OR ANNIVERSARIES FOR FEBRUARY

