



G2 Roadrunner NEWS

GWRRA Region H “South Central Texas District

Chapter G2 Greenville, TX

July 2015*Established October 2001**

Chapter Director's Corner

As the summer months have arrived and the temperatures have increased I have noticed a trend even amongst some of the most seasoned riders I know. This is the disappearance of more and more layers or items of protective clothing while riding our motorcycles. This caused me to start to find research and statistics to help me understand the underlying risks and mitigation we all can do while riding. I have to say the data I have found is not nearly as obvious and common sense tells me it should be. As every crash is different based on a variety of variables; speed, motorcycle type, multivehicle vs. solo, items impacted, etc. the statistics used in surveys become more anecdotal than not. The Fact is that there are fatalities of riders in both camps, gear and no gear. Motorcycle riding has an inherent danger that has few ways to mitigate injury or death besides increasing awareness, improving visibility, moderating riding style, and wearing protective gear.

While there is no way of proving that a fatal accident of folks not wearing protective gear would have been prevented with proper gear, logic tells us that injuries would likely be reduced. Having a helmet on during impact reduces the G-forces exerted on the human brain. That is proven in the lab, plus head injury is the leading cause of death in motorcycle crashes, and a motorcyclist not wearing a helmet is 40 percent more likely to die of a head injury than one who wears a helmet.

As far as other attire, ANYTHING between you and pavement in a slide reduces direct friction on the skin eliminating road rash so long as the garment stays in place and does not wear through. That is common sense.

Perhaps the most telling of the benefits of wearing proper riding gear are the myriad of firsthand accounts from first responders, emergency room personnel and ultimately the survivors. The collective results of these claims show that in any accident where the rider makes impact with the pavement, the protective gear will take the brunt of the damage. CE Padding at impact points can reduce broken bones where the tissue is thinnest (elbows, shoulders, knees, hips). Spine protectors can help in deflection injuries like bounding off a curb or over obstacle as you slide. Leather, Ballistic Nylon, Cordura, Kevlar, etc. had a high abrasion resistance to avoid grinding away as you slide on the pavement until you come to a stop. Ever think of what your face will look like if you face plant and slide on pavement with one of those half helmets or even the three quarter jobs? A full face helmet can certainly protect the chin and Jaw on impact as well as a slide

While wearing a ton of gear has thermal benefits in cold weather (layers keep us warm). Did you know that in hot weather our gear can actually keep us cooler? The trick is maintain the opportunity for the evaporation of sweat while combatting the effects of convection heating, When air temperature get above 93 degrees windblown hot air actually raises body temperature. Some of your newest ovens use this process for the quicker heating of food by circulating the heated air around the food. The trick is to have fabric in between you and that hot moving air that will pull the sweat off your skin to be evaporated to cool you while keeping the hot air from reaching your skin directly. You need to have moving air to keep the sweat evaporating but need to have the hot air blast off of your exposed skin. A tank top or short sleeve shirt will actually raise your core temperature faster than wearing proper riding gear with good ventilation at speed.

Ultimately proper gear in warm weather needs to be combined with a few precautions to avoid heat related health problems such as drinking lots of water by either drinking it while riding or stopping often enough to keep you hydration up. You need to keep fluids going in, because they are leaving you via perspiration faster than you expect. You will not feel thirsty until this gets out of balance and then it is a game of catch-up. Avoid Caffeine as it is a diuretic and will make your Kidneys expel liquid more quickly giving you less you can sweat out. Lastly, keep a close eye on the color of your urine. The best sign you are keeping up with your hydration is your urine being as close to clear and uncolored as possible. Too Dark of yellow and you are not taking in enough water.

Dan Rymarz

G2 Chapter Director

From The Chapter Educator

Greetings Road Runners,

The past month has been good for riding although it has been warm at times. Just in case you want to practice some of your skills, MTC is having an *Experienced Rider Course* (ERC) available in our **BEDFORD** location (between Dallas and Fort Worth), on **Saturday, July 18th**. The *ERC* is ½-day, Saturday morning from 7:30AM - 1:00PM, rain or shine, and you use your own motorcycle! Although the normal price of the *ERC* is \$125, we are offering it on July 18th at the **discounted price of just \$100!**

The *ERC* covers advanced accident-avoidance techniques and street strategies. The completion certificate awarded at the end of the *ERC* allows your insurance company to provide a discount on your motorcycle insurance premium. Riding clubs often will reimburse part or all of your tuition for completing an *ERC*; many make it a requirement prior to rides or other public events.

To attend the *ERC*, you must have a current "M" Motorcycle Endorsement on your driver's license. You will use your own Motorcycle for the *ERC*, and it must be street-legal, licensed, and insured. You must use your own DOT-certified helmet during the *ERC*.

Class size is limited to a maximum of 8 riders, so you do need to register and pay in advance to reserve your spot. You may register by telephone, between 9AM - 5PM CT, Mon-Fri, at 972-242-0300; or online anytime at www.RideSafeTexas.com. **REGISTER TODAY!**

One of the reasons I keep teaching is so I can keep my skills sharp. Another is because I always learn something from each and every class. Most of the time it is something I can use in future classes to help me to teach a new rider a skill in a different aspect. Every once in a while a student throws me a curve ball questioning some aspect of my information I'm putting out. About two weeks ago I put out my usual speech about being fit to ride and if you are not 100% able to devote your mental properties to riding a motorcycle don't ride. I got asked the question if a motorcycle is my only means of transportation what should I do? After thinking a few minutes I explained that riding a motor cycle is 33 times more riskier than driving a car. That means you have to manage your risks so they do not add up and exceed your skill level. Since you plan on the motor cycle being your only means of transportation you need to do more to ensure that you are mentally capable of riding. The theory still applies, if you are thinking about something besides riding the motorcycle you are going to miss something. When you do that may be the one thing you do not have the skill level to handle in an emergency and you will end up in a crash. All for this month safe riding.

Chapter Staff

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Brief History of the Wooden Shoes...

Wooden Shoes? A typical Dutch heritage? Probably there is not one person who can give us a solid answer to that question. Through the ages, wooden shoes were found all over the European mainland, from the Scandinavian countries up north to the Mediterranean south. Some even claim that it were the French who invented the wooden footwear. Fact is, that nowadays wooden shoes are a true symbol for Holland, just as much as windmills, tulips and cheese.

Middle Ages

One says wooden shoes date back to the Middle Ages. However, this is not an undisputable truth. Because they are made out of trees, Mother Nature has taken most of the 'old' pieces back to herself. In the Netherlands the oldest wooden shoe ever found dates from 1230 ad. This shoe was found in 1979 by the Nieuwendijk, a historic street downtown Amsterdam. Another antique wooden shoe was found in 1990 in the dam that was built to close Rotterdam's Rotte river. This [wooden shoe](#), dating from 1280, can be seen at the Schielandshuis in Rotterdam. Both wooden shoes were made from alder. We can conclude with certainty that wooden shoes are worn for over 800 years, and probably even longer. Until the Middle Ages, it was quite common that people lived their lives walking on bear feet. Especially in the countryside shoes were out of reach for most people. Shoes were worn by the elitists. To protect their valuable shoes one used the so-called 'trippen' or 'platijnen'. Trippen were wooden soles having two bulges at the bottom and two triangle-shaped pieces of leather on top for attachment, showing resemblances with sandals. Trippen might well have been the predecessors of wooden shoes, or 'klompen', as the footwear is called in Dutch. Anyhow, wooden shoes gained in popularity ever since the beginning of the 16th century. Because wooden shoes are made out of one piece, they proved to be a firm, practical and relatively cheap alternative. They protected the feet from dirt and formed a useful additive in the moistures Dutch climate.

1900's till now

Wooden shoes made today differ little from their ancestors 800 years ago. However, incongruent with some existing presuppositions stressing that wooden shoes are still widely used in Holland, they are being worn less and less through the decades. After 1890, the flourish of industrial shoe manufacturers incited a negative trend in the demand for wooden shoes. Merely the breakout of both World Wars derived short periods of revival. Leather shoes became scarce, thus wooden shoes emerged as substitutes. Until after World War II, almost every village bore its own wooden shoe maker, resulting in a variety of styles, colors, carvings and decorations. In general, one had plain wooden shoes for the working days and painted ones for Sundays. Men's wooden shoes usually were black or yellow, whilst those of women were lacquered blank or had elaborate, decoration motifs. But it wasn't until 1920 that one started to paint the garment. Before, neat wooden shoes were smoothed and finished with carvings, also differing from region to region. Also it was not unusual that shapes altered for the different sexes.

Thus, not too long ago gross of the population possessed wooden shoes and had them on a daily basis. Unfortunately, the wearer of wooden shoes is becoming an endangered species today. Wooden shoes are merely seen on the countryside, used by gardeners, farmers, blacksmiths, fishermen,

masons and road workers. Luckily, wooden shoe manufacturers are still active at present, adopting contemporary techniques whereas respecting the artisan craft.

Contributed by Terry Russell



Dutch girls wearing wooden shoes. Marken Island, around 1890

BIRTHDAYS & ANNIVERSARIES

BIRTHDAYS

ERIC FLYNN 07-10

ANNIVERSARIES

KEN & DEE DEE PADILLA 07-08

BILL & JUDY HENSON 07-19



JOKES THAT CAN BE TOLD IN CHURCH

Two boys were walking home from Sunday school after hearing a strong preaching on the devil.

One said to the other, 'What do you think about all this Satan stuff?'

The other boy replied, 'Well, you know how

Santa Claus turned out.

It's probably just your Dad..'

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**Attending a wedding for the first time, a little girl**

**whispered to her mother, 'Why is the bride dressed in white?'**

**The mother replied, 'Because white is the color of happiness, and today is the happiest day of her life.'**

**The child thought about this for a moment then said,**

**'So why is the groom wearing black?'**

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Three boys are in the school yard bragging about their fathers.

The first boy says, 'My Dad scribbles a few words on a piece of paper, he calls it a poem, they give him \$50.'

The second boy says, 'That's nothing. My Dad scribbles a few words on piece of paper, he calls it a song, they give him \$100.'

The third boy says, 'I got you both beat. My Dad

scribbles a few words on a piece of paper, he calls it a sermon, and it takes eight people to collect all the money!'


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An elderly woman died last month.

Having never married, she requested no male pallbearers.

In her handwritten instructions for her memorial service, she wrote,

'They wouldn't take me out while I was alive, I don't want them to take me out when I'm dead.'

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A police recruit was asked during the exam,

'What would you do if you had to arrest your own mother?'

He answered, 'Call for backup.'

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A Sunday School teacher asked her class why

Joseph and Mary took Jesus with them to Jerusalem.

A small child replied, 'They couldn't get a baby-sitter.'

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A Sunday school teacher was discussing the Ten Commandments with her five and six year olds.

After explaining the commandment to 'Honor thy father and thy mother,' she asked,

'Is there a commandment that teaches us how to

treat our brothers and sisters?'

Without missing a beat, one little boy answered,

'Thou shall not kill..'

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At Sunday School they were teaching how God

created everything, including human beings.

Little Johnny seemed especially intent when they

told him how Eve was created out of one of Adam's ribs.

Later in the week his mother noticed him lying

down as though he were ill, and she said, 'Johnny, what is the matter?'

Little Johnny responded, 'I have pain in my side. I think I'm going to have a wife.'

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You don't stop laughing because you grow old.

You grow old because you stop laughing!

Take heed and pass these along to people who
need a laugh.

I thought you would enjoy this....times are tough

right now...for all of us...so we need something to make the day a happy place.

"They" haven't found a way to tax you for

laughing yet!!

Idiot sightings-They walk among us!

IDIOT SIGHTING.

My daughter and I went through the McDonald's driveway window and I gave the cashier a \$5 bill.

Our total was \$4.25, so I also handed her 25c.

She said, 'you gave me too much money.'

I said, 'Yes I know, but this way you can just give me a dollar coin back.'

She sighed and went to get the manager who asked me to repeat my request.

I did so, and he handed me back the 25c, and said 'We're sorry but we don't do that kind of thing.'

The cashier then proceeded to give me back 75 cents in change.

Do not confuse the people at MacD's.

IDIOT SIGHTING.

We had to have the garage door repaired.

The repairman told us that one of our problems was that we did not have a 'large' enough motor on the opener.

I thought for a minute, and said that we had the largest one made at that time, a 1/2 horsepower.

He shook his head and said, "You need a 1/4 horsepower."

I responded that 1/2 was larger than 1/4 and he said, 'NOOO, it's not. Four is larger than two.'

We haven't used that repairman since...

IDIOT SIGHTING.

I live in a semi-rural area.

We recently had a new neighbor call the local city council office to request the removal of the DEAR CROSSING sign on our road.

The reason: 'Too many dears are being hit by cars out here! I don't think this is a good place for them to be crossing anymore.'

IDIOT SIGHTING IN FOOD SERVICE.

My daughter went to a Mexican fast food and ordered a taco.

She asked the person behind the counter for 'minimal lettuce.'

He said he was sorry, but they only had iceberg lettuce.

IDIOT SIGHTING.

I was at the airport, checking in at the gate when an airport employee asked,

'Has anyone put anything in your baggage without your knowledge?'

To which I replied, 'If it was without my knowledge, how would I know?'

He smiled knowingly and nodded, 'That's why we ask.'

IDIOT SIGHTING.

The pedestrian light on the corner beeps when it's safe to cross the street.

I was crossing with an 'intellectually challenged' co-worker of mine.

She asked if I knew what the beeper was for.

I explained that it signals blind people when the light is red.

Appalled, she responded, 'what on earth are blind people doing driving?!'

She is a government employee.....

IDIOT SIGHTING.

When my husband and I arrived at a car dealership to pick up our car after a service, we were told the keys had been locked in it.

We went to the service department and found a mechanic working feverishly to unlock the driver's side door.

As I watched from the passenger side, I instinctively tried the door handle and discovered that it was unlocked.

'Hey,' I announced to the technician, 'it's open!'

His reply, 'I know. I already did that side.'

STAY ALERT!

They walk among us, they breed, and they vote.....

July 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
				<u>M - Mansfield Chapter Meeting</u>		
5	6	7	8	9	10	11
		<u>G2 Greenville Chapter Get Together, Cotton Patch Cafe, Dining 6:00pm, Meeting Starts 7:00pm</u>		<u>G2 Dinner TBA</u>		<u>Tommie leading a ride</u>
12	13	14	15	16	17	18
				<u>W2 - Waxahachie Chapter Meeting</u>		<u>Dan leading a ride</u>
19	20	21	22	23	24	25
		<u>G2 Wylie Chapter Get Together, Napoli's, Dining 6:00pm, Meeting Starts 7:00pm</u>		<u>G2 McKinney Chapter Get Together, San Miguel's, Dining 6:00pm, Meeting Starts 7:00pm</u>		<u>Chapter Bowling Evening at Allen Bowl</u>
26	27	28	29	30	31	
		<u>R Grapevine Chapter Get Together, Springcreek BBQ, Dining 6:00pm, Meeting Starts 7:00pm</u>				

August 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
		G2 Greenville Chapter Get Together. Dining 6:00pm. Meeting Starts 7:00pm		M - Mansfield Chapter Meeting		
9	10	11	12	13	14	15
					G2 Dinner TBA	
16	17	18	19	20	21	22
		G2 Wylie Chapter Get Together. Dining 6:00pm. Meeting Starts 7:00pm			W2 - Waxahachie Chapter Meeting	Chapter Bowling Evening at Allen Bowl
23	24	25	26	27	28	29
		R Grapevine Chapter Get Together. Dining 6:00pm. Meeting Starts 7:00pm			G2 McKinney Chapter Get Together. Dining 6:00pm. Meeting Starts 7:00pm	
30	31					